

DISC – Learning How to Leverage the Power of Communication

Your values, motivations and personality have the power to drive your success or your failure at work or at home. Understanding DISC enhances your ability to use your natural personality/communication style to better collaborate with others in order to become a more influential professional and leader.

Course Objectives

By the end of the course, participants will be able to:

- Learn about the four basic personality/communication styles and how the styles blend, clash and interact with each other
- Identify your own style and learn how to quickly adapt your communication approach based on your audience
- Become a more agile and effective leader, communicator, and team member.
- Develop a sound understanding of how to use your personal style to enhance your professional reputation, relationships and career aspirations

Learning Topics

- Take the DISC Assessment
- Understanding the 4 Quadrants of DISC
- How to Apply DISC in your professional and personal life
- Conflict Resolution using DISC
- DISC Application: real-world scenarios

Timing & Delivery

The total instructional time needed to complete the program is 4 hours. This is most typically delivered in a 1/2-day classroom format with a suggested timeframe of 8:30 am to 1:00 pm to accommodate for breaks.

Contact Anne-Marie Hayward at amhayward@coachedbydesign for pricing & details.